# The Chronicle

June 2023 Issue 437

## The judges for Best Kept Villages could arrive in days!

Official judging period 1st June – 14th July 2023. We are excited to welcome the judges to our village as part of the Best Kept Villages Competition 2023 and after our recent success, we want to taste that again.

The whole of the village is considered when the judges come:

- 1 Cemetery, graveyard (separate or attached to a place of worship)
- 2 Green, playing field, children's play area, outdoor recreation facilities, designated nature conservation area
- 3 Floral Displays (hanging baskets, tubs, planters, flower beds etc.)
- 4 Community facilities (Village Hall, Community Centre, Church Hall)
- 5 General environmental features (hedges, verges, ditches, pond, stream, pump etc.)
- 6 Shops and pubs
- 7 Bus stops, bus shelters, public seating, dog bins, notice boards, information signs



#### 8 War memorial

9 Evidence of community engagement (eg website, newsletter, magazine, posters and general community involvement in the Competition)

What can you do (if you want to get involved):

- •There's a litter pick at 10am on Saturday, 27 May. Meeting at the Village Hall.
- You could consider hanging basket(s) or pots outside your home.
   Trim up hedges.
- •You could mow your front lawn and or verge.

As a village, we appreciate everyone's efforts if you wish to get involved. The village always comes together and whatever the result Aston Abbotts will look magnificent.



Saturday 24th June 7.30PM

Aston Abbotts Village Hall

Taking Table Reservations 07544227991

Full cash prize. Max' 6 per team



Bring your own booze etc. Party pies and snacks on tables

£4 per person and £1 for extra game

Come and have a quality but cheap night out

### News

#### 29/04/23 Another accident on Cublington Road, Aston Abbotts



No details regarding how this occurred but it's located at the blind corner area of Cublington Road notorious for crashes. In 2016 a 21 year old man was killed on this bend.

#### Also on 29/04/2023

This vehicle was reported via social media to be seen in Long Marston, with false plates and a rubbed out phone number. Visited premises in Long Marston/Granborough and headed towards Brackley.



It also toured Oving/Whitchurch whereby 101 was phoned. Then it returned again and the person said to own this cctv pic is said to have had tools taken from his garage. Wing District Police are aware.

## Aylesbury United's forgotten football stadium reclaimed by nature

Football clubs being forced out of their home grounds is a heart-breaking aspect of the beautiful game, but that feeling is magnified when the stadium is

## completely abandoned and reclaimed by nature



Aylesbury United's former ground Buckingham Road lies in ruins, as it has been left unused since 2006

Aylesbury United Football Club's former stomping ground Buckingham Road stadium has been swarmed by nature after the club abandoned the ground. The football stadium, located on 2 Oliffe Way in Aylesbury, was previously at the centre of the community in the Buckinghamshire town.

Many Buckinghamshire teams were attracted to the ground for pre-season training and the England national football team back in 1988 due to its remarkable playing surface and long FA Cup history. However, Aylesbury United's lease on their ground ran out within 20-years of its construction.

The Ducks were evicted from Buckingham Road in 2006 and have not played home games in Aylesbury since. They chose the decision to share grounds with Chesham United at the Meadow, Leighton Town at Bell Close and Thame United's Meadow View Park before returning to Chesham in 2017,

In the meantime, their very own marvellous 6,000 seated former ground was left for nature to make full use of. Footage appeared in 2020, which revealed the forgotten looking completely unidentifiable.

Images revealed the stands filled with bashed up seats and graffiti-covered walls at the former beloved ground in Aylesbury. Waste is located along the concourses and overgrown shrubs surrounded where the pitch once lay. Aylesbury United once had hoped to return to the ground until late-2019, when the desolate stadium was purchased at an auction.

Buckingham Road was purchased by Bedfordshire private company GPS Estates Limited. In October 2020, property developers revealed their aims to destroy it in an effort to develop a residential neighbourhood. However, this was met with major opposition from Buckinghamshire residents and council officials as concerns were raised that the stadium is situated close to a floodplain.

Ideas to bring the Ducks back to the Buckinghamshire town were announced in August 2022 following a stadium plan submitted by Aylesbury Town Council to the Ernest Cook Trust and HS2. If successful, this venue could be built in the coming years, with a football stadium, an indoor sports hall and an education centre.



## Tornado spotted as thunderstorms sweep country

A local tornado was reportedly spotted the afternoon of 11th May as heavy rain and thunderstorms swept parts of the Vale. Did anyone see it?

Police closed a stretch of the A413 near Weedon on Sunday evening (May 21) after a crash.

The collision is understood to have involved a car and motorbike.

As of 10.45pm, the A413/High Street remained closed between New Road (Weedon) and Bushmead Road (Cublington turn off, Whitchurch) for accident investigation work. Police have not issued an update at this stage on whether anyone was injured in the collision.

#### Cheap Bus Fares extended again.

The Government has extended the £2 bus fare cap for a second time to ensure bus travel remains "accessible and affordable for everyone".

The cap will remain for bus services outside London until October 31 after which it will increase to £2.50 until November 30 2024 before fares are reviewed.

The extension comes as part of the Government's Help for Households initiative to support the public with the increased cost of living.

A blue RS3 Audi was stolen overnight from a drive in Wingrave Monday 22/05. The keys were with the owners. We are all being urged to be vigilant.

#### House prices in Aylesbury Vale: The 11 neighbourhoods with the fastest rising prices

Here we reveal which neighbourhoods in Aylesbury Vale have seen the greatest increase in property prices in the last year.

> Newton Longville and Great Horwood – 20.7 per cent increase from £422,500 to £510,000.

Granborough, Stewkley and Great Brickhill – 18.7 per cent increase from £472,475 to £561,000

Walton Court and Hawkslade – 18 per cent increase from £245,750 to £290,000

Mandeville and Elm Farm – 17.2 per cent increase from £300,000 to £351,500

Bedgrove and Walton – 16 per cent increase from £375,000 to £435,000

Watermead and Elmhurst – 13.2 per cent increase from £265,000 to £300,000

Haddenham, Dinton and Stone – 10.7 per cent increase from £469,950 to £520,000

Buckingham North – 10 per cent increase from £300,000 to £330,000

Wing, Wingrave, Aston Abbotts and Bierton – 9.2 per cent increase from £380,000 to £415,000

Victoria Park – 9.1 per cent increase from £294,250 to £321,000

Cheddington, Pitstone and Edlesborough – 8.6 per cent increase from £437,500 to £475,000

How fast was the ostrich running when it hit the tree?



#### **Your Emails**

#### Dear all,

Thank you for your kind words re our little frenchie 'Pickle Lilly'. We were devastated to lose her at Easter and at such a young age ... not quite 5.

Still feels odd walking in the rec without her.

Either lung worm or lung cancer was the cause. Whilst the latter is hard to combat, please check your pups are covered re LungWorm. Hugs to you all.

Neil and Emily

#### Hi all,

After the 'Best Kept Village' triumph of last year, thank you in advance for your efforts, support and dedication for this year.

#### **Chris Phillips**



#### Hello Peter,

New statistics show Thames Valley Police received nearly one million contacts from the public, attended 170,000 incidents, and made 31,000 arrests, in a single year – with officers driving more than 13 million miles in the process.

As part of our ongoing commitment to inform the public of the work we do, today we are releasing statistics on our activity from the last financial year, from 1 April 2022 to 31 March 2023.

Chief Constable Jason Hogg said: "I'm very proud of the job our officers, staff and volunteers do in keeping our communities in Berkshire, Buckinghamshire and Oxfordshire safe, not only by responding to emergencies but also disrupting and preventing crime across our area."

Kind regards, Jack Duggan,

Kind regards, **Jack Duggan,** (Thames Valley Police)



# Aston Abbotts Summer Festival

Aston Abbotts is pleased to announce the Annual Village Fete on 22nd July from 13:00 - 16:00 on The Green.



The Annual Village Fete has been a staple of the Aston Abbotts calendar, running for over 50 years. All proceeds go towards good causes in the village. This year includes; The Chronicle, The Church, Improvements to the Village Hall, The Bonfire Night Fireworks Display, Wild Flowers throughout the Village and supporting the new Table Tennis Table initiative for the Recreation Ground.

We are pleased to have many of the regular stalls as well as some new and exciting suppliers and activities.



This Family Orientated Fete is a great and inexpensive afternoon out for the family, and don't forget your 4-pawed family members!



Children's Activities, Dog Show,
Music by the Queens Park Jazz
Ensemble, traditional Morris
Dancing and much more.
Food and Drink will be available,
including PIMMS, Beer
(Boobytrap Brewery), BBQ,
Cream Teas and Prosecco, and Ice
Cream.

Free parking is available in the Recreation Ground - Sat Nav address "HP22 4LP".



# Chronicle Support Bid for 2023/4

The Chronicle was founded 40 years ago in September and was initially funded by the founding editor, Graham Parker. In more recent years funding has been a combination of paid advertising, fundraising and awards from the Village fete proceeds, decided by villagers attending the annual Parish Meeting.



The magazine has been delivered free of charge to every household in the parish every month since its inception. Various villagers help with this process both in the distribution of the magazine and in contributing articles and we are very grateful for this assistance.

The other volunteer being the editor, Pete Lucas, who, in addition to the process of preparing the publication for

printing, spends a great deal of time researching and preparing articles to maintain and grow interest in the magazine. He also hunts for new advertisers. The invoicing and finances are looked after by John Whyte.

Feedback from villagers about the Chronicle has generally been positive. Additionally comments from surrounding villages indicate that the Chronicle is seen as an interesting read, unlike their own.

The only other major means of communication in the village is the Postie, which provides an excellent service but is dependent on access to the Internet.

Cash flow has always been a problem and in recent years we have tried to maintain a financial cushion equivalent to 4+ issues of the magazine.

Experience in the pandemic, (when the Chronicle was in serious danger of running out of funds) indicated that a more prudent policy would be to maintain a financial cushion equivalent to 6+ months issues.

However, a significant change, in terms of costs, during the current year has been the addition of VAT to our printing costs. This increase arose following a VAT inspection of Waddesdon C of E school, who have always printed the Chronicle. Whilst we were lucky not to be asked for any back payment, our monthly printing costs have nonetheless increased by 20% wef November 2022. The editor has advised that purchase of Publisher software would make production of the magazine much easier and a bid to buy this software is included in the financial statement. Waddesdon school, who print the Chronicle, have been very helpful over the years particularly in being able to cope with our outdated software.

The Fete plus advertising are the major sources of funding for the Chronicle. Advertising can be very up and down and whilst it certainly helps it is not a totally reliable source of income.

Any funding from the Fete comes in August and it is with this in mind that the following financial statement has been prepared.

The figures shown below constitutes our minimum bid, should it be that the Parish Meeting indicates that they were willing to increase the share allocated to the Chronicle we would be most grateful as it

would improve the stability of the magazine and avoid this village institution from having to 'hold its breath' for 23/24.

#### **Financial statement**

Current balance April 2023. £2800

Payments due to Waddesdon School (April to July). £624

Revised balance. £2176
Other expenses
Purchase of
Publisher software
Estimate (includes 12 month running costs). £200

Revised balance. £1976

Anticipated spend for year to July 24, 11 issues Payable to Waddesdon school including indicated anticipated 10% increase £1936

Revised balance. £40 Income from advertising (estimate). £500

Revised balance. £540
Cushion of 6 months for stability required £1030

Funding request from Fete 2023 £490

#### What's on in Aston Abbotts - JUNE

Event	Details
Best kept Village	Inspections commence in June so please keep gardens and borders looking good
Revised bin day	Thursday 1st
Litter Blitz	Saturday 3rd See inside
Whist Drive	Thursday 1st & 15th Village Hall. 19.30 (Please note: No Whist on 29th)
Coffee Shop	Every Thursday 10.00 - 11.30. Village Hall
Fish & Chip Van	Every Wednesday around 20.00. Every Saturday around Lunch time. Listen for the bell
Bingo	Thursday 8th. 19.30. Village Hall
Fathers Day	Sunday 18th
Rambling Club	Sunday 18th. Meet, The Green 14.00
Quiz Night	Saturday 24th June 19.30
Bus Trip	Friday 30th, 10.00 Bus stop to Aylesbury

#### Future events to remember

Village Festival & Fete - 22 & 3 July

**Bucks County Show - Thursday 31st August** 

Village Horticultural Show - Saturday 2nd September



# NIGHT

Thursday 8th June

In aid of Florence Nightingale Hospice Charity

Aston Abbotts Village Hall

# 'The Fox'. A reign of terror

His violent reign of terror shook our community to its core

For the benefit of new residents and those who missed this article when I first printed it a few years ago, I have included the same subject from another part of the community that was affected and updated where necessary. ED!

The serial rapist gained his nickname because he built dens in the homes of his victims.



The arrest of Malcolm Fairley in September 1984 (Image: Getty Images)

The violent reign of the criminal known as 'The Fox' shook Bedfordshire to its very core.

Dubbed 'The Fox' because he broke in and built dens in the homes of his victims before escaping through the countryside, Malcolm Fairley committed over 80 crimes during the summer of 1984 including rapes, serious sexual assaults and burglaries.

Fear consumed residents within the 'the triangle' he operated in, Leighton Buzzard, Dunstable and Tring. People slept with knives by their beds and armed police swarmed the streets in the biggest manhunt the country had seen since the Yorkshire Ripper.

Nearly 40 years ago (26 February 1984) Malcolm Fairley's predatory spree was brought to an end when he was handed six life sentences for his crimes.

We look back on the hot summer of 1984, talking to residents from Leighton Buzzard, about the state of fear they lived.

#### A reign of terror

In spring 1984 what began as a series of burglaries soon developed into something much more sinister.

His first serious crime took place on April 11 in Linslade, a quiet suburb of Leighton Buzzard. Fairley broke into a house in the night and attempted to sexually assault a 74-year-old woman who was sleeping in her bed.

This soon developed into a pattern as residents in towns in Bedfordshire, Buckinghamshire and Hertfordshire woke up in the night to a masked man in their house brandishing a shotgun. 'The Fox' targeted both men and women, old and young - tying victims up and sexually assaulting them.

In other instances he entered homes while residents were out. He set up dens using blankets and furniture, watched TV and looked through photos and clothes.

The level of violence in his attacks continued to escalate. In one instance he shot a man in the hand while he was in bed. In another attack in Edlesborough he sexually assaulted two young men, ages 17 and 21, and a girl of 18.

Christopher Keen, an 18-year-old living in Leighton Buzzard at the time, remembers the fear that residents lived with in the town.

"It was a very hot summer, but I remember lying in bed in a sweltering house because no one dared open a window or door in case 'The Fox' came in," he said.

"Everyone around the town fortified their premises. My

parents put in security lights and a tonne of locks on the doors.

"If you were asleep and you heard any noise in the house you began to fear the worst. Certainly in mine and my friends' families we were all sleeping with knives next to our bed. Everyone weaponised their home in some way."



Posters sent out by Bedfordshire Police warning residents about 'The Fox' (Image: Ashley Hartwig)

Police responded to these attacks by sending hundreds of officers onto the streets, including armed units, and it soon became one of the biggest manhunts the country has ever seen.

Christopher said: "Back then Leighton Buzzard was just a small little market town. Everyone knew everyone. Then all of a sudden the whole place is swarming with armed police.



"I remember hanging around the town and getting stopped by armed police in boiler suits, asking 'who are we and where are we going'.

"There was an air of suspicion about anyone and everyone in the town. Everyone was a suspect, not just to the police but to your neighbours. If someone was out at night you'd start to think about why that was."

But despite the heavy police presence the attacks didn't let up.

Bedfordshire Police invested £200,000 into the manhunt and set up an incident room in Dunstable Police Station.

Senior Investigating Officer on the case, Brian Prickett, said: "This was a very important case to work on, the fear was genuine and the victims were subjected to the most horrendous attacks, he really put them through a terrible ordeal. "At the height of the enquiry we were getting 300 calls an hour into the incident room and we had to look at all the clues we had to identify and eliminate suspects."

During the Yorkshire Ripper manhunt in 1981 police had so many files in their incident room that they had to reinforce the floor to hold the weight of them all. Bedfordshire Police therefore decided to make use of a new piece of technology, a computer they nicknamed 'Metal Micky'.

Police managed to narrow the search using two pieces of vital information. Firstly, that 'The Fox' had a northern accent, and secondly, that he drove a harvest yellow Austin Allegro - information they gained from a scratch on a tree he had hit while making an escape.

This led police to start making enquiries into Malcolm Fairley and officers attended his workplace in London.

In the boot of his Austin Allegro they found jean material from which he was cutting out masks, as well as screwdrivers that matched those used to break into houses. Officers arrested him there and then, just days after his latest attack.

Fairley was a 32-year-old man from Sunderland who had moved down south to take on labouring jobs. He initially lived in Leighton Buzzard before moving to London.

It emerged that he was a married man with three children and had been living this sinister second-life without his family knowing.

Christopher's friend, Trevor, had actually met Fairley once before on a job. He described him as a "quiet lad". When he saw on the news that Fairley was the man who had terrorised the area "it was a job to believe it was true".

On sentencing, Fairley's actions were described by the judge as "wickedness beyond condemnatory description", his run of offending had imprinted on the lives of both the victims and those who worked on the case.

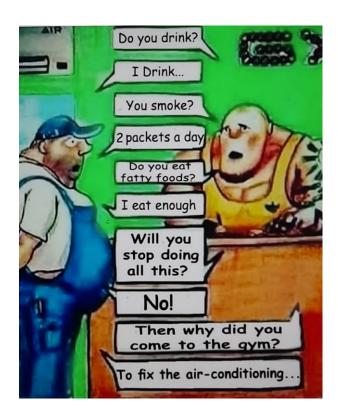


He was handed six life sentences for his crimes. He remains in jail today.

## Urgent need for removal boxes

Does anyone have removal boxes I could have please? If so, please call Chris on 07731868794

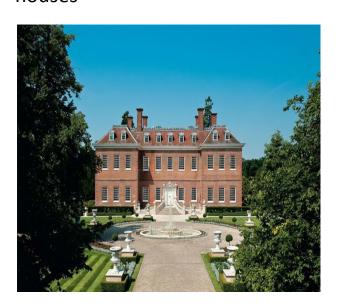
## I can collect if in the village



## THE MOST EXPENSIVE HOME IN BUCKS

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Denham Place dates back to 1688 and it is thought to be one of Britain's most important country houses













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Fb business page: Blaker's Blades

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# What is your language?

Birds of a feather flock together; that English saying about sticking with those who are just like us. The saying came to mind because the Church has just celebrated the festival of Pentecost. Pentecost means fifty; it came fifty days after the first Easter and the risen Christ kept his promise to send his followers the Holy Spirit. Jesus' followers were gathered in Jerusalem as were people from across the then known world. The Holy Spirit came upon Jesus' followers and they began proclaiming the Gospel of Christ to all around them. There were many different languages spoken amongst those in Jerusalem, but each could hear Jesus' followers in their own, native, language. It was the miracle of Pentecost and why it holds a special place in the church year. It is recorded in Acts chapter two.

The message of Pentecost is that the Gospel of Christ is for the whole world which includes us here – we should never forget that Christianity did not begin on our shores, but came later. In the sixth century Pope Gregory sent one Augustine to tell us about Jesus only to find that the story was known already via Celtic Christianity, probably from the second century. And here's the

thing, Celtic Christianity began without any formal church structures; no clergy, no synods. The Holy Spirit was out and about.

Pentecost also contains a challenge and quite a subversive challenge at that. As we know, no language translates exactly into another and that's because language, words, are shorthand for ideas, emotions, principles. All of which are culturally based. That may therefore mean that the language of "those people over there" may give them a richer appreciation of some aspect of life, including faith, than our language gives us – whoever "us" happens to be. And therein lies the subversive challenge of Pentecost. The Gospel is not to be owned by one particular group and as Acts unfolds, Paul writes "I now know that God shows no partiality".

In the 1980s there was a sit-com called Birds of a Feather which starred Linda Robson and Pauline Quirk. Two sisters, the irony was that they were completely different. In today's social media world with its many opportunities to register our "likes", Pentecost calls us beyond that, whoever we are, to ascribe greatness to the Lord, our God. Or, in phonetic Urdu, khudar harani chattan caro-y-bayan.

With every blessing,

Rev'd Howard Robson.

#### Sunday Services St James - June

4 June	6рт	Evensong
11 June	10.30am	Parish Communion Followed by coffee & biscuits
18 June	9.30am Then 10am	Fathers Day Breakfast, village hall Then All Ages service
25 June	10.30am	Parish Communion

#### **Church Duties June**

Date	Cleaning	Flowers
2/3	David/Colin	Donated
9/10	Alex/Colin	Donated
16/7	CarolineL /Ann	Colin
23/4	Annie/Tatiana	Colin

Note: Cleaners open church 9-5 from Saturday to Friday

#### 100 Club Draw March

1<sup>st</sup> (£50) Caroline Lane 2<sup>nd</sup> (£10) Sally Clarke





#### Church Matters -June 2023

#### **LAST MONTH**

The Benefice service held on 30 April was well attended and the Festival choir of St Giles Cheddington was much appreciated.

Coronation - the church was beautifully decorated for the Coronation weekend. Thanks to all those who arranged flowers. The bellringers joined in the national Ring for the King on Saturday, including a change called Orb and Sceptre.

Coronation Tea – Many thanks to everyone who came along on Sunday, and we hope you had a great afternoon in the churchyard picnicking and playing games. Particular thanks to Francesca for organising the catering, Nigel for music, Tatiana for crown-making, Ian and Anita for the treasure hunt and to Peter for showing so children around the many bell-ringing chamber. Oh, and Andy for dusting down wooden horses for the racing game! We were lucky with the weather and it was so good to see so many people enjoying themselves. The celebrations ended with Coronation Songs of Praise outside. After covering the costs of the wonderful afternoon

tea produced by Francesca and her helpers, we will send the rest to the Prince's Trust (final amount tbc).

#### **NEW BENCH**

Mrs Shirley Ford has kindly donated a new bench for the churchyard in memory of her husband John Ford. This is under the trees at the entrance to the newer burial area, overlooking the wild area. Many thanks to the Ford family.

#### **COMING UP**

#### **TEA and TOTS**

Wednesday 7 June, 9.30-10.30am in the church. Pre-school children with their carers — an hour of play, songs, cuppa and a story.

#### **BREAKFAST/ALL AGES SERVICE**

Sunday 18 June, Fathers' Day – special breakfast in the hall and short informal service in church. Last one before the summer break – back in September.

## 100 CLUB – tickets on sale for 2023-2024

The last draw is this month (June). Please do renew for the coming year July 2023-June 2024. It's a real help for church finances and a good chance of winning

something! Look out for forms, or ask.

#### **CHURCH OPENING**

Anyone, churchgoer or not, is welcome to use the church for quiet reflection and/or prayer. It is open every day until October from about 9am to 5pm; just ask at other times.

Caroline Abel Smith, churchwarden (The Old Vicarage, 01296 681001, cbjlas@talk21.com)

Caroline Lane, PCC secretary (2 Church Row, 01296 681373, carolinelane@btinternet.com)

PCC members: Anita Parker, Lesley Clough, Ro Knight, Annie Pettie; Andy Bystra (fabric); Tatiana Butler and Francesca Bean (finance).

#### News from Wingrave Church of England School

## Dear School Friends and Neighbours

By the time this is published we will no doubt have felt the shock of having to work full five-day weeks having just enjoyed two

consecutive bank holiday weekends!? Saying that however, what a wonderful and eventful few weeks in Wingrave with scarecrows, street parties, crowns and picnics galore.

Specifically at the school, we held an indoor picnic (due to the inclement weather) with the children dressed in red, white and blue, and their creative crowns. We came together for a special assembly and sang the National Anthem and 'Our King', a song written especially for schools to mark the occasion. A group of children from each class worked on a model of Buckingham Palace while everyone contributed a self-portrait to adorn the many windows and balconies. Hopefully some of you will have had chance to see it displayed in the Church, or possibly on its journey there as it was walked through the village.

However we may feel about the royal family, we have all witnessed a major event history and as a church school, I watched in interest as a new Head of the Church of England was crowned. Overall an amazing spectacle to behold and appropriate mix of tradition and contemporary considerations to appeal to the many different generations in the school and community. Not to mention a thoughtful 'shout out' by Prince William during the Coronation Concert to those serving in our schools, hospitals and public services.

Meanwhile, behind the scenes in logistical/political side of education a sense of frustration at the timing of the Coronation bank holiday, set bv Government on the very Monday our Year 6 were due to sit the first of their national Key Stage 2 assessments. Our children will of course do us proud however understandably a slightly more lethargic start to the week, noting these assessments generate the data by which all Primary Schools are judged... Perhaps just a case of poor but necessary timing, or maybe a further oversight by politicians about the demand on implications and for our education system.

Grumbling aside, it will be the sense of community, diversity and pride that was evident across the nation and in our villages during this very special few days that will make for lasting memories.

Matt Tomson, Headteacher

#### **LONGMOOR**

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07949 508584 gardens@longmoormaintenance.co.uk

#### **ALLOTMENT DIARY**

#### Are Weeds becoming Woke?

"Dull spring keeps gardens colourful, but delays vegetable crops". This was the headline to a recent article in my paper. While I know that the weather has been cooler recently than one expects in the spring, and we seem to have had more than our usual share of rain, I have to say that this has not been my experience as a vegetable gardener. The crops I have planted my allotment – potatoes, onions, carrots and beans - are all flourishing. Mγ disappointments have come in the My tomato seeds greenhouse. failed to germinate at all, and I had to buy some baby tomato plants from a nursery; I have only so far had 5 pepper plants start to grow from 18 seeds; and my courgette plants are not doing very well – only three have so far germinated from 8 seeds.

However, all the pumpkin seeds planted that Adam in the greenhouse have germinated, and he has already moved. a number of plants to the allotment; and all cucumber seeds have germinated, and are flourishing. And around 90% of the sweet-corn had planted that he in the greenhouse has germinated and is thriving. He has planted a lot more sweet-corn seed directly into the allotment (he is very keen on sweet-corn) and we are waiting to see how these will do.

Certainly, the cool weather has not worried the weeds. which growing mightily! Speaking of weeds, I read that the Royal Horticultural Society is trying to do a public relations exercise on weeds, by suggesting that we should call them "resilient plants" rather than weeds! Worse, the garden manager at RHS Wisley has suggested that we should call weeds "weed heroes", and says that not only should we not call them "plants in the wrong place" (a previous re-branding exercise by the RHS), we should regard them as plants in the right place! contends that the appearance of a

weed tells you what is going on underground, and a weed is therefore the gardener's friend!



He points out that the appearance of nettles shows that the soil is rich in nitrogen, while a weed called fat hen indicates that the soil is low in nutrients. And, flowers like dandelions are a good source of nectar for bees. As you can tell from the tone of this article, I am unconvinced; and wonder if the current RHS policy is the result of the name of the current president of the RHS – Kenneth Weed!

Finally, I bring you news of the latest trendy vegetable. It is no longer avocado or quinoa; it is a pointy cabbage known as a hisbi cabbage, which is gracing the menus of upmarket restaurants all over the country. No-one knows where the name comes from. It is not served chopped and boiled, but is usually cut into wedges, and then grilled or roasted. I have not yet tasted it myself (I don't often go to trendy restaurants), but if I ever do, I will let you know how I rate it.

#### **Peter Shorrock**

# Lady Gardener Aston Abbotts



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Call Boo. 07739391627



#### WINGRAVE AND CRAFTON OPEN GARDENS

24<sup>th</sup> and 25<sup>th</sup> June 1 to 6pm



15 GARDENS TWO VILLAGES ART EXHIBITIONS TEAS

Tickets (including a map) £6 each from Wingrave shop in advance or from the gardens over the weekend



# Willow G.S



## Garden Machinery Servicing and Repairs

Based in Aston Abbotts, Willow GS services and repairs all makes and models of garden machinery both petrol and electric.



Pedestrian mowers
Ride on mowers
Strimmers
Chainsaws
Multi tools
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## This is the best UK holiday destination for 2023

#### And it's not Cornwall



The best UK holiday destination for 2023 has been announced. (Getty Images)

If there's one thing we discovered during the pandemic staycation boom, it's just how beautiful some parts of the UK are.

From Cornwall's pristine beaches, to the English Riviera, sleepy Welsh villages and Scotland's rugged Highlands, there's so much to explore.

Yet, one destination has been named as the most desirable British tourist destination for 2023 – and it's not Cornwall or Scotland.

Yorkshire has been named as the most popular place this year, thanks to its postcard perfect coastal towns and rolling dales.

The poll of 2,000 adults from Sykes Holiday Cottages' Staycation Index Report deemed Cornwall, the Scottish Highlands, Cumbria and

Northumberland as close runners up.



Coastal towns in Yorkshire make it a desirable option. (Getty Images)

### **Top 20 staycation destinations for 2023**

Yorkshire

Cornwall

Scottish Highlands and Islands

Cumbria

Northumberland

Devon

Norfolk

**Berkshire** 

North Wales

Isle of Wight

Dorset

Derbyshire

London

**Scottish Borders** 

Buckinghamshire

Suffolk

South Wales

Cambridgeshire

Central Scotland

Somerset

Data from the survey shows that nearly half of people (47%) plan to visit places outside of tourist hotspots, such as Norfolk, Ayrshire, and Kent as many want to avoid over-crowded areas and seek lower price points.

Over half (52%) of respondents said they can't see themselves booking a trip abroad this year, while 42% want to book a last-minute UK break in the hope of getting a good offer.

Two-fifths of respondents (43%) have planned a budget of £1,200 for their staycation, with a third of people wanting to camp or glamp this year and 54% choosing self-catered accommodation.

"With holiday season almost upon us, travellers are starting to make plans for the year ahead if they haven't already," Graham Donoghue, chief executive at Sykes Holiday Cottages says.



"It's great to see staycations remain a popular choice for many and with financial pressures significantly impacting holidaymakers' travel choices, it's no surprise that holidaying closer to home can be a more affordable option.

"The UK has so much to offer and there are so many beautiful regions to visit that mean you don't have to compromise on your holiday experience."



"I'm a college professor, Jason. You need to ask someone else if you want advice about the real world."

#### Wingrave Diary JUNE

Sat 3-4 Wingrave Singers at Wakefield Cathedral

Sat 3 1400 Wild Wingrave Survey: jwalmsley@wwrpc.org

Tue 6 1430 WwRHA visit to Rycote Chapel and Gardens

Wed 7 1030 WI: Try Bowls Bowling Green

Fri 9 1800 WCA family barbecue Community Centre

Sat 10 0845 Men's Breakfast Talk: What is the future of the Monarchy? Methodist Church

Mon 12 Weekday Walking Group ramble, contact Jan Walmsley: 07813 085211

Mon 12 1500 Friendship Group Baldway House, Leighton Rd

Wed 14 1200 Over 60s specials lunch Rose & Crown

Fri 16 1930 Family Bingo Community Centre

Sat 17 1930 Community Choir Summer Concert Parish Church

Sun 18 0930 Wingrave Ramblers' local ramble Nup End Lane

Tue 20 1430 Wild Slow Walk: slowly does it Village Green

Wed 21 1200 Last of the Summer Ukuleles Rose & Crown

Fri 23 1800 WCA family barbecue Community Centre

Fri 23 1900 Wingrave Ramblers' local ramble Nup End Lane

Sat 24-25 Patronal Festival Parish Church

Sat 24-25 1300 Wingrave Open Gardens and Art Exhibition weekend

Sat 24 Summer Saturday evening party Parish Church

Wed 28 1200 Over 60s specials lunch Rose & Crown



#### Signs of Diabetes type 2

There are currently more than 4.3 million people living with diabetes in the UK; and 90% of these have type 2. Diabetes UK also predicts that there are around 850,000 people living with type 2 diabetes who are yet to be diagnosed.

Uncontrolled diabetes can come with some serious complications, such as eye problems, nerve damage, and an increased risk of heart attack or stroke. So, it's important that it doesn't go unchecked and untreated.

While this can sound scary, it's important to remember that diabetes is usually very manageable. It's possible to live a long and healthy life if the condition's well controlled. There are also a number of things that can be done to prevent and even reverse it.

Here, we'll take a closer look at what type 2 diabetes is, what the warning signs are, and how you can reduce your risk of developing it.

#### What is type 2 diabetes?



Type 2 diabetes is a common condition that affects one in 10 people over 40 in the UK.

Those with the condition either produce insulin but are unable to use it effectively, or don't make enough insulin.

Insulin is a hormone that's made in the pancreas. It acts like a key to allow the carbohydrates that we get from food and drink (which are broken down into glucose) to move into our cells, where they can be used as energy or stored as fat.

When insulin isn't being used by the body properly, blood sugar levels can continue to rise until they become too high (hyperglycemia). If blood sugar levels remain high for long periods of time, blood vessels can become damaged, which can lead to some serious health complications.

The areas of the body most affected by these complications are often your heart, eyes, feet, and kidneys.

Type 2 diabetes differs from type 1 diabetes because type 1 is usually caused by an autoimmune reaction where the body attacks itself by mistake – destroying the cells in the pancreas that make insulin. Type 1 diabetes often runs

in families and is usually diagnosed before the age of 40.

What are the warning signs of type 2 diabetes?

Symptoms of type 2 diabetes might not always make you feel unwell, which is why many people can live with it for many years without realising.

However, if you have type 2 diabetes you might find that you...

Are urinating more frequently, especially at night

Struggle to satisfy your thirst, or feel thirsty all the time

Have a dry mouth

Feel very tired

Have unexplained weight loss

Experience blurred vision

Take longer to heal when you cut yourself

Get regular bouts of thrush and/or itching in your penis or vagina

Experience nerve pain or numbness in your hands and feet

Have dark patches on your armpits, neck, and groin areas (this is known as acanthosis nigricans and is caused by excess insulin in the blood)

Feel irritable, anxious, or worried

It's important to visit your GP if you're experiencing any of these symptoms, as the earlier diabetes is diagnosed and controlled, the lower your risk of developing long-term health complications will be.

Health complications of type 2 diabetes can include...

Heart attack and stroke due to damaged blood vessels

Foot problems due to poor circulation and nerve damage

Kidney damage and/or disease

Gum disease (more sugar in your blood means more sugar in your saliva)

The development of certain cancers

Sexual problems in men and women due to restricted blood flow to sexual organs

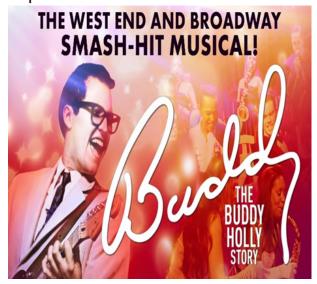
Vision loss due to damage to blood vessels in the eyes

To learn more about the health complications of type 2 diabetes, it's worth having a read of Diabetes UK literature.

#### Hi Pete

#### **Buddy The Musical**

The Buddy Holly story was probably the best show I have seen in a long time, The cast was Superb.



Staging this important part of Rock n Roll history demands the best in casting and the Lead stronger still. At times you had to check that Chris Weeks [Buddy Holly] wasn't miming. He sounded just like Buddy Holly himself.

It was also good to hear the history behind the music, as most people would not know how young these singers were and the loss they were to the music industry.

It was a joy having the audience singing along.

It was all over so soon it seemed. At the end of the show, you could hear the audience shout for more songs, which the whole cast obliged.

And then the standing ovation came.

On my way out I could hear a lady saying it was the best show she had seen. I Had to agree that it was a superb performance. A must see Show.

**Debbie Armstrong** 

Seen recently at the Waterside Theatre Aylesbury.

Don't miss its next visit



#### Florence Nightingale Hospice Charity proudly presents The Wiz

Tickets are on sale for the eagerly awaited community production of The Wiz, presented by Florence Nightingale Hospice Charity, coming to Aylesbury Waterside Theatre on Sunday 27th August 2023.



The Wiz is a super-soulful, musical retelling of L. Frank Baum's classic children's story, The Wizard of Oz. Packed full of gospel, soul, rock, and groovy 70s funk, you're invited to follow the yellow brick road and be transported into a magical world of witches and wizards!

The show will star over 100 local children and raise money to fund specialist palliative and

end-of-life care services for patients across Buckinghamshire and its borders.

Produced in partnership with Bucks Music Trust and Aylesbury Community Board and sponsored by many local businesses including Lightfoot Solicitors and Barratt Homes, the project aims to bring the local community together for a performance that raises vital funds for Florence Nightingale Hospice Charity.

Amy Quinlan, who is directing the project said:

"All of our young performers are full of talent and enthusiasm and raring to hit the stage. We're so proud to be bringing the local community together and raising money to provide dedicated hospice care to local patients and their families."

Florence Nightingale Hospice Charity's first community production of Nativity! The Musical took to Aylesbury Waterside Theatre's main stage last year, raising over £55,000 for the charity.

For more information and to buy your tickets visit fnhospice.org.uk/thewiztickets



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Contact John Whyte 07988001834

Deadline for Chronicle contributions is the 24th of each month. Please send articles

to: editor@aachronicle.co.uk

#### **Historical June**

**1 June.** 1946 Television licences were issued in Britain for the first time; they cost £2.

**2 June.** 1953 On a cold and wet day in London, the Coronation of Queen Elizabeth II took place in Westminster Abbey.

6 June. 1944 D-Day invasion of Normandy by 1 million Allied troops to liberate Western Europe from German occupation.

9 June. 1870 The nation's best loved author Charles Dickens died of a stroke at his home in Gad's Hill Place, Kent. His sudden death is being blamed upon his punishing work schedule, including tours of England and the USA.

**13 June.** 1944 The first V1 flying bomb, or "doodle bug" was dropped on London.

**14 June.** 1645 In the English Civil War, Oliver Cromwell defeated the Royalists at the Battle of Naseby, Northamptonshire.

**15 June.** 1215 King John and his barons met on the

banks of the River Thames at Runnymede and signed the Magna Carta, thus removing total authority from the monarchy forever.

**16 June.** 1779 Spain declared war on Britain (after France had offered to assist in the recovery of Gibraltar and Florida), and the siege of Gibraltar began.

8 June. 1815 British and Prussian forces led by the Duke of Wellington and Gebhard von Blücher defeated Napoleon at the Battle of

Waterloo, in Belgium.

19 June. 1917 In the midst of World War 1 the British royal family renounced German names (Saxe-Coburg-Gotha) and titles, and adopted the name of Windsor.

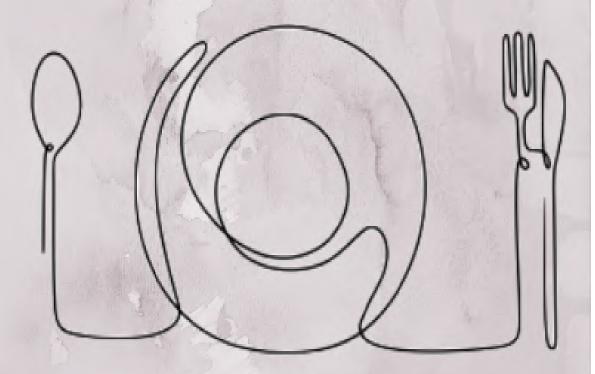
**30 June.** 1894 Tower Bridge in London was officially opened by H.R.H. The Prince of Wales. After the ceremony the bascules were raised to allow a flotilla of ships and boats to sail down the Thames.

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The interactive Coronation display remains available until the middle of June.





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